

**Heidelberg Middle School  
A Community of Caring**

**This is our commitment to create an atmosphere of caring.**

**BULLYING  
NOT HERE!  
NO WAY!  
NOT ANY DAY!  
NOT AT OUR SCHOOL!**

---

**Bullying, Harassment and Relational Aggression will not be tolerated at HMS by the staff and students. Any student who bullies, harasses, or uses their words to hurt another student will be counseled and/or disciplined.**

HMS uses the following definition: a student is being bullied or victimized when he or she is exposed, repeatedly, and over time to negative actions on the part of one or more students. Negative actions can be verbal, non-verbal, or physical. Additionally, cyber-aggression, which is bullying via computer means, will not be tolerated. Bullying is aggressive behavior or intentional “harm-doing.” It occurs within an interpersonal relationship and is characterized by an imbalance of power.

Students are instructed to notify an adult if their efforts to stop bullying are ineffective. School personnel will intervene on behalf of students and parents in an effort to stop the negative actions that are occurring at school. Students that observe aggressive behavior or are aware of intentional “harm-doing” need to get involved.

**I WILL NOT.....**

**start or repeat a rumor.**

**exclude someone to hurt them.**

**make fun of other students.**

**call people unkind names to hurt them.**

**be a bully with my words or actions.**

**“stand by” and watch another student get hurt, left out, or humiliated.**

**I WILL.....**

**be a part of the community of caring at HMS.**

**take a stand, lend a hand, and stop bullying NOW!**